



WINLPG

Women in LPG



Nikki Brown

**Director Cavagna Group
UK Limited and UKLPG
United Kingdom**

“THE BEST LEADERS LEARN
TO STRIVE AND SUCCEED BY
BREAKING THE RULES BE
BRAVE, BE BOLD, BE
DIFFERENT, – IF YOU ARE TOLD
IT CAN'T BE DONE DON'T GIVE
UP - PROVE THEM WRONG.”

Nikki Brown

Meet the Role Models

WINLPG Role Models introduce successful individuals in the LPG industry and gives an insight into their career path, their challenges and their advice to fellow WINLPG members.

I was educated at Northampton High School for Girls and studied for my degree at Westminster University, London.

I also represented Northamptonshire at swimming and was Ladies Team Captain for 4 years. I achieved success by qualifying to represent England in the National Championships. Swimming was a dedicated focus for me for more than 10 years and during this time I faced many challenges striving to be the best I could both mentally and physically. Looking back, these challenges also gave me the mindset, understanding and ability to be not only to be able to succeed but also how not to allow negative external pressures or people to influence your self-belief.

In 1993 I joined CGUK as a PA and worked my way up to Sales Manager, Sales Director and I was appointed Managing Director in 2004. During 2004 I was also elected to the Board of Directors of UKLPG which is the Association supporting the LPG Industry in the UK. I was the first female representative on the Board and in 2012 was elected Chairman. Today there are 11 Board members which include three women.

Now I face a different challenge as I work towards my retirement from Cavagna Group UK at the end of 2016 although maybe not completely from the LPG Industry.

My husband and I have just finished renovating four houses in the South West of France and we are looking forward to the start of a new business venture, a different pace of life and the opportunities and challenges that this will bring

“ Every one of us can remember a time in our life when we have been inspired by the words or actions of another person – this moment may have provided us with the strength to believe in ourselves or the determination and motivation to achieve something we never thought possible. WINLPG would like organisations' and Industry leaders who believe that women can enhance and inspire their businesses and workforce to recognise and encourage the contribution that a women and young people's network can offer the industry and give WINLPG their full support.”

Nikki Brown

SIX KEY QUESTIONS

What is your goal today?

To take the time to enjoy the moment and relish a different pace of life.

Did you have a mentor and how did this help?

I have never had a mentor and have never been super inspired by anyone person in particular, it was more about my own personal desire to strive and achieve and by doing that; be the best person I can for myself and my family.

Describe your Pathway?

My pathway was varied and if I am honest a little chaotic. I've always envied people who have that singular mind set so that they know right from the beginning exactly what they want to be and achieve in life. My career path was much more organic in development but at each stage the goal was to succeed, which, with hindsight, so far I think I have achieved.

What does leadership mean to you?

Being inspirational as a business leader is a must have and the ability to lead, communicate and influence comes first from our ability to inspire ourselves and then others to achieve more at work, in life and the world at large.

Did you face any specific challenges?

Everyday! but the sexist overt and covert prejudices that I have faced from peers, managers within my Company and the Industry as a whole have been tough and the biggest challenge, however, these continuing issues have strengthened my resolve to focus my efforts in helping WINLPG in its endeavors to ensure that others are supported in facing the sexist challenges, that sadly even in 2016, our Industry still has to address.

What three pieces of advice would you give to someone embarking on their career with LPG?

Be patient.

Use your head by sometimes stepping back a little and looking in from the outside.

Believe in yourself, if you don't then no one else will.



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Women in LPG Global Network

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